


# Autumn / Winter

Menu 2025/26



Introducing our Autumn/Winter School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!

## Did you know?

All new recipes and products have been trialed in schools with our young customers and kitchen teams.

All sauces are **homemade** and many dishes include **added vegetables** to support healthy diets.

Two desserts a week contain **50% fruit**.

Contact us if you would like to know more about our dishes **or** would like any of our recipes



Allergens for this menu are available in the School Kitchen and with catering@swnorse.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Special Diet Registration Form which can be found in the school

If you think your child/children may be eligible for a **FREE** school meal visit [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



[www.swnorse.co.uk](http://www.swnorse.co.uk)

Please note the menu may be subject to change to meet local needs.

1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken with Savoury Rice	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Lasagne	Fish Fingers <i>or</i> Salmon Fingers & Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Homemade Bean Burger with Savoury Rice (v)	Plant Sausages, with Stuffing, Roast Potatoes and Gravy (v)	Tex Mex Chilli Loaded Wedges (v)	Spanish Omelette & Chips (v)
Jacket Potato	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans
Served with	Fresh Seasonal Veg	Coleslaw	Fresh Carrots & Cabbage	Country Mixed Veg	Peas <i>or</i> Baked Beans
And for Pudding	Mousse	Apple Crumble & Custard	Sticky Toffee Cake	Iced Shortbread	Chocolate Oatcake with Orange Wedges

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar | 30 Mar

\*Available Daily:

Fresh Mixed Salad, Bread &amp; Drinking Water + Fresh Fruit or Yoghurt as Pudding Alternatives

2

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Sausage Pastry Pinwheel with Potato Wedges	Roast Gammon & Roast Potatoes with Gravy	Chicken Burrito Bake with Steamed Rice	Chicken Fillet Bites & Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Cheese and Potato Pie (v)	Cheese and Tomato Pasta Bake (v)	Veggie Fingers & Chips (v)
Jacket Potato	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans
Served with	Peas & Sweetcorn	Baked Beans	Fresh Carrots & Green Beans	Country Mixed Veg	Peas <i>or</i> Baked Beans
And for Pudding	Organic Pip Ice Lolly	Shortbread with Apple Wedges	Chocolate Cracknell	Iced Sprinkle Cake	Oaty Cookie

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar

\*Available Daily:

Fresh Mixed Salad, Bread &amp; Drinking Water + Fresh Fruit or Yoghurt as Pudding Alternatives

3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Macaroni Cheese & Crusty Bread (v)	Chicken Curry with Steamed Rice	Sausages with Yorkshire Pudding, Roast Potatoes & Gravy	Handmade Cottage Pie	Fish Fingers & Chips
Hot Option 2	Vegetable Enchilada (v)	Veggie Curry with Steamed Rice (v)	Plant Sausages with Yorkshire Pudding, Roast Potatoes & Gravy (v)	Cheese and Potato Pastry Pinwheel with Potato Wedges (v)	Quorn Nuggets & Chips (v)
Jacket Potato	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans	Jacket Potato with Cheese <i>and/or</i> Beans
Served with	Fresh Seasonal Veg	Peas	Fresh Carrots & Peas	Sweetcorn & Broccoli	Peas <i>or</i> Baked Beans
And for Pudding	Iced Fruit Smoothie	Jam Sponge	Vanilla Arctic Roll	Carrot Cake	Apple Flapjack

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar

\*Available Daily:

Fresh Mixed Salad, Bread &amp; Drinking Water + Fresh Fruit or Yoghurt as Pudding Alternatives