

Being Me!

Conflict

Prior Knowledge

In the EYFS children learnt:- About not giving up, naming feelings and understanding that these feelings are ok.

Year One: Learning about my actions affect my body and my feelings. Beginning to under-



My Component Knowledge:

Lesson 1: Can I recognise how to help myself and who I can turn to for support?

Lesson 2: I can explain the challenges that I face in my learning and how I have overcome them so far.

Lesson 3: I can listen to others' and know some strategies to resolve problems.

Lesson 4: I can recognise how my behaviour affects others. I can recognise how my behaviour affects me. I can suggest ways that I can positively support others.

Lesson 5: I can discuss and explain how I can affect other people's behaviour as well as my own.

My Composite Knowledge:

I can identify feelings in myself and others and understand that these feelings are ok. I can recognise that my behaviour affects everyone.

My Powerful Knowledge:

I am responsible for my own behaviour and understand that my actions impact on others. I can positively impact others.

Key Vocabulary

Tier 1: Healthy, positive, negative, hard, difficult, success, challenge, angry, cross, sad, hurt, upset, happy, excited, proud, never give up

Tier 2: Achievement, skill, ability, frustrated, embarrassed, failure

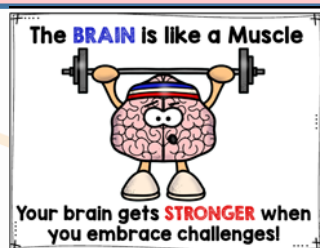
Tier 3: Resilience, growth mindset



Why failing is good?



What challenges have I faced?



How can I be a successful learner?